

SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER



SESSION2023-24

Criterion7: Institutional Values and Best Practices

7.1.11 Institution celebrates/organizes national and international commemorative days, events and festivals



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SESSION 2023-2024

S.No.	Title of the Programme	Date
1.	Kargil Vijay Diwas	11th August 2023
2.	International Youth Day	12th August 2023
3.	Independence Day	15th August 2023
4.	Sadhbhawana Diwas	18th August 2023
5.	Teacher's Day	5th September 2023
6.	Hindi Diwas	14th September 2023
7.	NSS Day	24th September 2023
8.	Gandhi Jayanti	2nd October 2023
9.	World Mental Health Day	10th October 2023
10.	World AIDS Day	01st December 2023
11.	National Youth Day	12 th January 2024
12.	National Girl Child Day	24 th January 2024
13.	Republic Day	26 th January 2024
14.	National Science Day	28 th February 2024
15.	International Women's Day	08 th March 2024
16.	Raksha Bandhan Celebrations	29 th August 2023

1. KARGIL VIJAY DIWAS

Date: 11th August 2023

On August 11, 2023, in honour of Kargil Vijay Diwas, 84 NSS volunteers from Sophia Girl's College (Autonomous), Ajmer paid heartfelt homage to the martyrs of the Indian Armed Forces who triumphed in the Kargil War on July 26, 1999. This commemorative initiative aimed to salute the real heroes and inspire students towards a patriotic cause.

Activities such as "Poster Making" and 'Slogan Writing' were conducted to install patriotism, fostering creativity and imagination among approximately 84 participating students. Recognizing patriotism as a crucial social value, the event emphasized its cultivation at the college level, contributing to the development of responsible citizens for the nation. NSS volunteers showcased their love for the country through the creation of visually compelling posters and the formulation of thought-provoking and impactful slogans.





2. INTERNATIONAL YOUTH DAY

Date: 12th August 2023

On August 12, 2023, an event commemorating "INTERNATIONAL YOUTH DAY" unfolded at SOPHIA GIRLS' COLLEGE(AUTONOMOUS), AJMER, orchestrated by the National Service Scheme in collaboration with the Department of Political Science under the LYCEUM forum. The event featured a crucial talk on voting awareness, delivered by NSS teachers in charge Dr. Ruchi Mathur and Miss Pragya Singh.

The primary objective was to enlighten the youth about their voting rights and stress the significance of active participation in the election process. Students exhibited great enthusiasm, particularly those experiencing the electoral process for the first time. Approximately 55 students actively attended the talk, reflecting a keen interest in understanding and exercising their democratic responsibilities. The collaborative effort of NSS and the Department of Political Science aimed at fostering an informed and engaged youth in shaping the democratic landscape.



3. INDEPENDENCE DAY

Date: 15th August 2023

On the 15th of August, 2023 Independence Day was celebrated with great zeal, enthusiasm and patriotic fervour along with the staff and students. The programme commenced with the unfurling of the National Flag by the Principal, Prof. Sr. Pearl. This was followed by a musical rendition by the college choir who sang patriotic songs that awakened everyone's feelings towards their motherland.

In addition to this, a few self-composed patriotic poems were recited and NUKKAD NATAK on Women Empowerment was dramatized. In the end, Prof. Sr. Pearl addressed the gathering, enthused the students with the spirit of patriotism and urged them to take pride in being an Indian and fulfilling their duties with responsibilities. She also emphasized upon the role of the youth towards the building of nation. She requested everyone to take a pledge to become conscientious citizens and practice the attributed mentioned in the Preamble of the Constitution.





4. SADHBHAVANA DIWAS

Date: 18th August 2023

On 18th August 2023, "SADBHAVANA DIWAS", was organized under the supervision of National Service Scheme of Sophia Girl's College, Ajmer. This day is celebrated to commemorate the memories of our former Prime Minister, Mr. Rajiv Gandhi. Our aim was to spread the word about love, peace, tranquility and harmony among everyone.

Our NSS volunteers conducted a General Assembly where in different cultures of our India were shown. Students represented various cultures by dressing up in the regional outfits and read Holy Scripture from respective religions as well. Finally they took an oath to promote peace and tranquility in our nation.



5. TEACHER'S DAY

Date: 5th September 2023

On the 5th of September, 2023 the Teachers' Day celebration was organized by Sophia Girls' College (Autonomous), Ajmer which began with a short prayer service organized by the Good News Group. Thereafter, the students gave graceful Dance performances which left the crowd speechless. The students also presented a dance drama depicting the role of a teacher in making students responsible and good citizens. Later on the Sophian choir sang a melodious song which spoke of their love and gratitude towards their teachers. The students were also called to present their thoughts on the occasion which was followed by the speeches of the teachers, filled with gratitude and love towards the institution. At the end, Prof. Sr. Pearl addressed the teachers and thanked them for their never ending efforts, hard work, contribution and loyalty towards the institution.

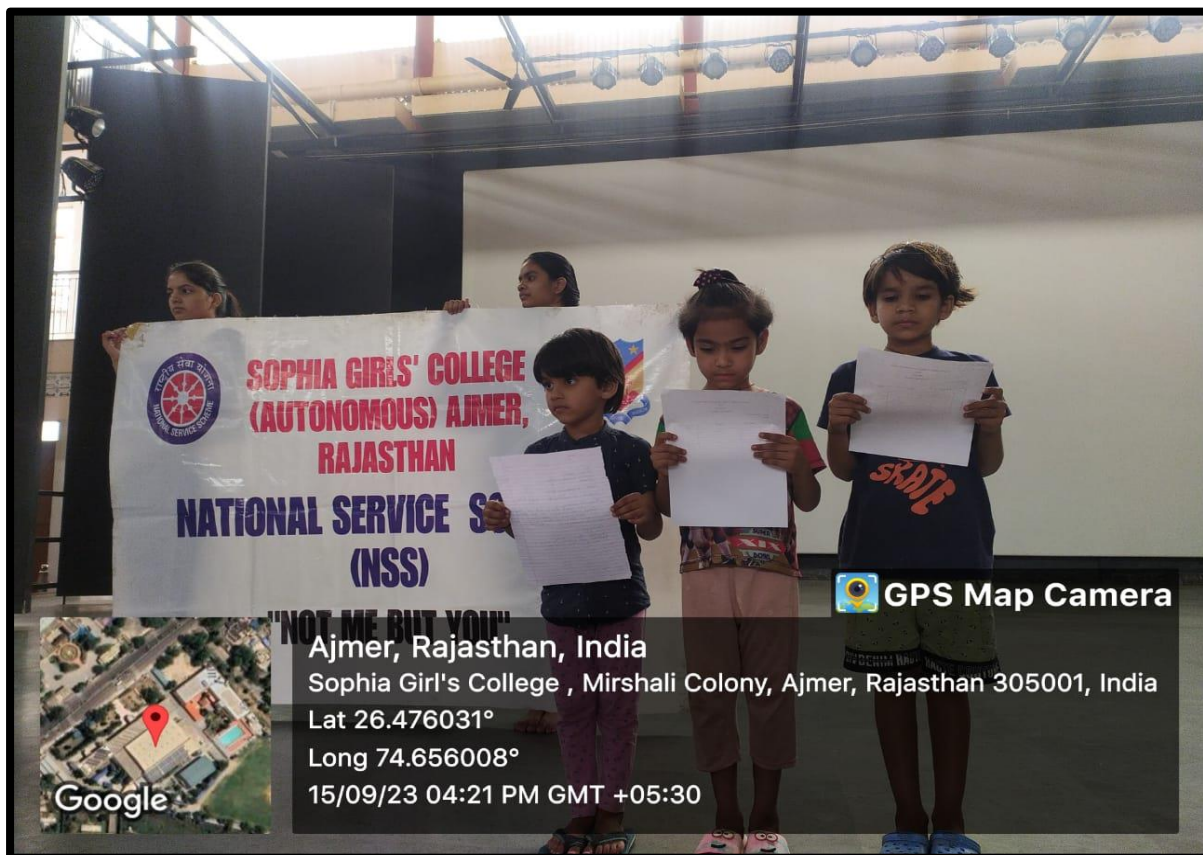


6. HINDI DIWAS

DATE: 14th September 2023

The NSS volunteers of Sophia Girls College in Ajmer organized a Hindi poem competition for children of “Each One Teach One”. The competition aimed to promote the Hindi language and encourage children to participate in creative expression. It provided a platform for the children to showcase their talent and love for Hindi poetry. The event was a great success, allowing the children to enhance their language skills and boost their confidence. The NSS volunteers should be commended for their efforts in organizing such a meaningful competition.

As Hindi Diwas is celebrated all over India to mark the adoption of Hindi as one of the two official languages by the Constituent Assembly of India. As it is important to pass on to the youth, the importance of Hindi language to continue our culture and tradition.



7. NSS DAY

DATE: 24th September 2023

NSS day was celebrated by the volunteers under the guidance of NSS program Officers of Sophia Girl's College, Ajmer. A short quiz was prepared to spread the knowledge among the volunteers regarding the best practices performed in NSS and to understand the motto of this scheme. NSS Anthem was also sung after that. As NSS is "not me but you". It is the feeling of selflessness. In addition to these educational activities, we encouraged students to actively participate in the planning and execution of NSS Day celebrations. By involving them in organizing events like cleanliness drives, health camps, and cultural performances, students gained a hands-on understanding of the practical aspects of community service.

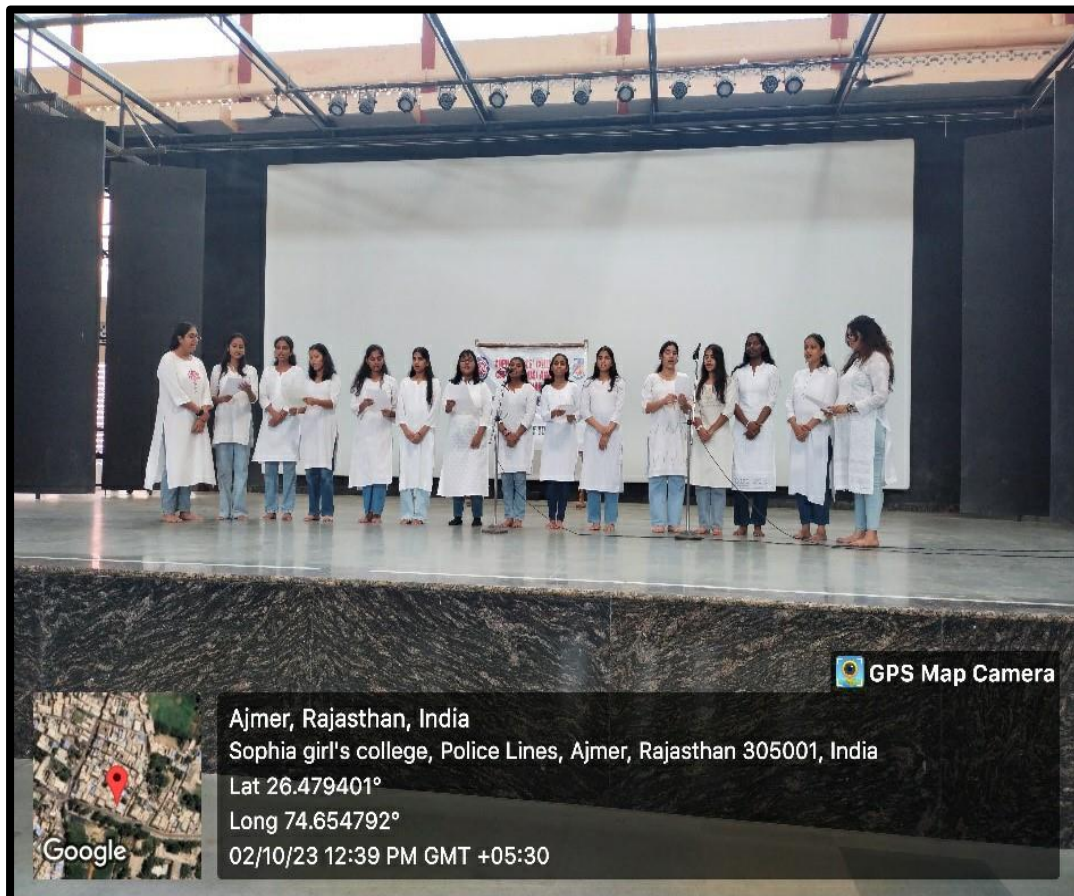
Through these efforts, we aimed to instill in students a deep appreciation for NSS Day as a day of reflection, action, and unity in the pursuit of social welfare. We power to make a positive impact on society, that NSS Day serves as a reminder that each one of us has the power to make a positive impact on society, and it is a day to renew our commitment to serving the community selflessly.



8. GANDHI JAYANTI

DATE: 2nd October 2023

Mahatma Gandhi, an advocate of peace, is honored on Gandhi Jayanti, a National Day in India, commemorating his birth on October 2, 1869. The birth anniversary of the Father of our Nation, Mahatma Gandhi is also celebrated as non-violence day. Renowned as 'Mahatma,' meaning 'Great Soul,' and hailed as the 'Father of the Nation' in India, Gandhi's legacy is celebrated annually. The National Service Scheme of Sophia Girls' College, Ajmer, marked the occasion with a thoughtful assembly. Beginning with Gandhi's favorite song 'Vaishna Jan,' the event included a Nukkad Natak, speeches, poems, and a 'Quiz Competition' focusing on Gandhiji's life. Approximately 50 students actively engaged in these activities, showcasing their dedication to paying tribute to Mahatma Gandhi on this special day.



9. WORLD MENTAL HEALTH DAY

DATE: 10th October 2023

At Sophia College Ajmer, World Mental Health Day was celebrated through a joint initiative by the National Service Scheme (NSS) and the Department of Psychology. The primary objective was to enhance awareness of mental health issues and encourage well-being across the college community.

Commencing with insightful sessions led by Dr. Asha Sharma, attendees gained valuable insights into the significance of mental health and effective strategies for maintaining a positive mental state. NSS and RRC volunteers played an active role in orchestrating interactive workshops, discussions, and activities centered on stress management, mindfulness, and creating a supportive atmosphere.

Both students and faculty actively participated, underscoring the importance of destigmatizing mental health concerns. The event featured engaging talks by guest speakers, including mental health professionals, offering valuable perspectives and guidance. Additionally, the celebration incorporated artistic expressions such as poetry and art installations, highlighting the creative aspect of mental health advocacy.

The collaborative endeavor between NSS and the Psychology Department showcased a dedication to nurturing a mentally healthy campus, stressing the shared responsibility in championing well-being. This event had a lasting impact, fostering open dialogue and cultivating a more compassionate community within Sophia College Ajmer.



10. WORLD AIDS DAY

DATE: 1st December 2023

The National Service Scheme (NSS) of Sophia Girls College Ajmer organized a special event on World AIDS Day to raise awareness about AIDS and show support to those affected by the disease. The event aimed to spread love, joy, and knowledge about AIDS prevention and treatment. The NSS volunteers, along with the NSS Officers Dr. Sr Swapana and Dr. Ruchi visited the HIV Centre, Khanakheri which is run by Mission Sisters of Ajmer. The centre provides care and support to individuals living with AIDS. There were around 15 inmates at the centre during the time of the visit, in total there are around 35 inmates.

During the visit, the NSS volunteers engaged in conversations with the inmates, listening to their stories and providing emotional support. They also showcased their talents through cultural performances. These performances brought smiles to the faces of the inmates and created a positive atmosphere. The volunteers aimed to uplift the spirits of the inmates physically by providing with a nutritious meals and mentally by showing compassion and empathy thus supporting those affected by the disease.





Khanakheri, Rajasthan, India
HIV Center Khanakheri, Rajasthan India
Lat 26.411151°
Long 74.769133°
19/12/23 12:34 PM GMT +05:30

11. NATIONAL YOUTH DAY

DATE: 12th January 2024

On January 12, 2024, Sophia College in Ajmer buzzed with vibrant energy as it celebrated National Youth Day. The campus resonated with creativity through essay writing, poem, and slogan writing competitions centered on the theme "Mera Matdan Mera Swabhiman" (My Vote, My Pride). The essay writing competition witnessed insightful perspectives on the significance of voting and its impact on individual pride and national progress. Participants eloquently expressed the role of the youth in shaping the destiny of the nation through their ballots.

Poetry enthusiasts adorned the event with verses that echoed the spirit of democracy and the empowerment that comes with exercising one's voting rights. The poems beautifully intertwined emotions, urging fellow youth to embrace their responsibility and contribute to the democratic fabric of the country. The slogan writing competition brought forth catchy and impactful phrases encapsulating the essence of the theme. Participants showcased their creativity in crafting succinct messages that highlighted the pride associated with being an active participant in the democratic process.

The event successfully promoted civic engagement and underscored the importance of each vote in shaping the nation's future. Sophia College demonstrated its commitment to nurturing socially responsible citizens, fostering a sense of pride in democratic participation among the youth.



Ajmer, Rajasthan, India

Sophia Girls' College (Autonomous) Jaipur Road, Mirsali Colony, Ajmer, Rajasthan 305001, India

Lat 26.485852°

Long 74.65493°

12/01/24 12:57 PM GMT +05:30



Ajmer, Rajasthan, India

Sophia Girls' College (Autonomous) Jaipur Road, Mirsali Colony, Ajmer, Rajasthan 305001, India

Lat 26.485852°

Long 74.65493°

12/01/24 12:56 PM GMT +05:30

12. NATIONAL GIRL CHILD DAY

DATE: 24th January 2024

On National Girls' Child Day, the National Service Scheme (NSS) at Sophia Girls College, Ajmer, organized a series of impactful events aimed at empowering and raising awareness among young girls. The event was coordinated by Program Officer Dr. Sr. Swapna, Dr. Ruchi Mathur, Teacher Coordinator Mansi Chaturvedi, and Miss Sara.

A significant part of the day was dedicated to a 'Panel Discussion' on Women Safety and Girl Child Protection. The event aimed to educate girls about various mobile applications designed to assist them in emergencies. The seminar provided valuable information on utilizing technology for personal safety.

Later in the evening, a powerful 'Candlelight March' was organized where students were dressed in various regional costumes and holding a lit candle started the procession at 6.15pm from the College campus heading to the nearby basti. Led by enthusiastic girls, the march aimed at creating awareness among the public through impactful slogans and visually striking posters. The participants passionately conveyed messages promoting the importance of nurturing and protecting the girl child. The candlelight march not only illuminated the surroundings but also ignited a sense of solidarity and commitment to the cause.



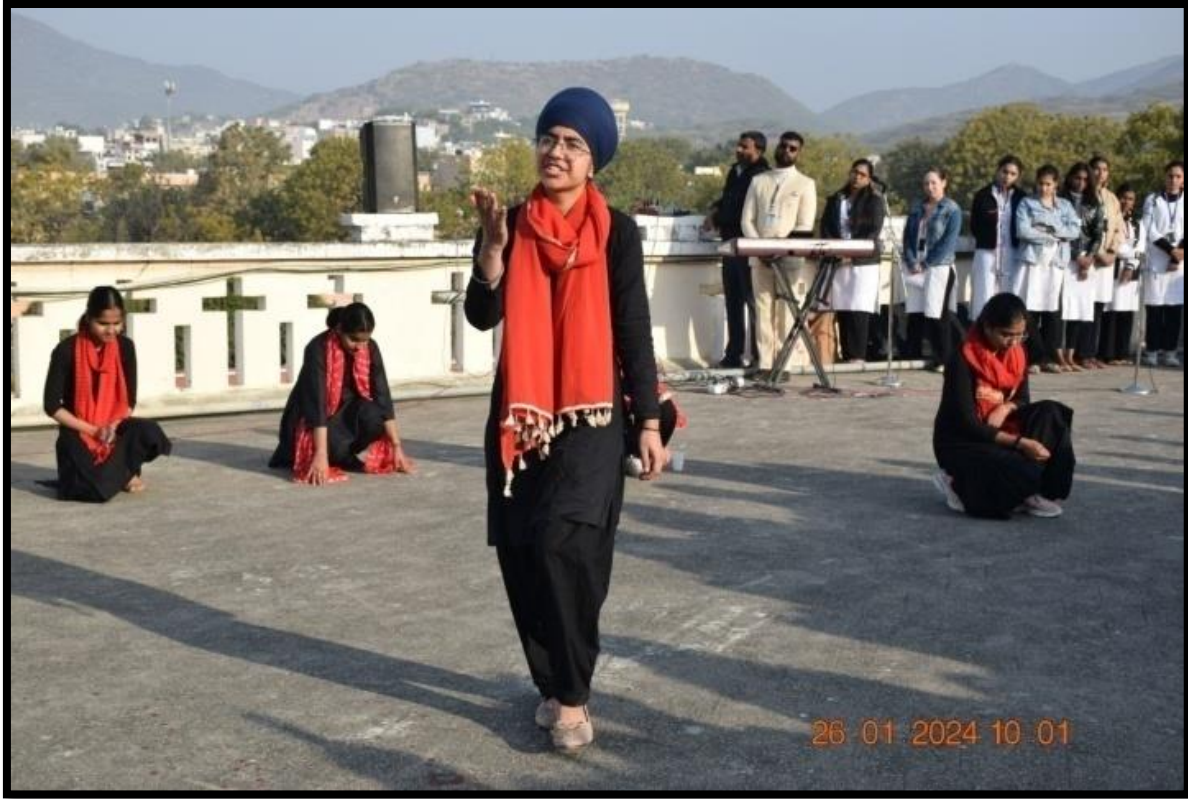


13. REPUBLIC DAY

Date: 26th January 2024

Sophia Girls' College (Autonomous), Ajmer, celebrated the 75th Republic Day on the 26th of January, 2024 was celebrated with great zeal, enthusiasm and patriotic fervour along with the staff and students. The celebration began with the Flag hoisting by the Principal, Prof. Sr. Pearl who was escorted by the NCC Cadets. This was followed by a beautiful and enlightening Prayer Service by the students who prayed to the Almighty Father for the souls of all the Freedom fighters and also thanked him for the manifold blessings that he has bestowed on all human beings by giving them the right to Freedom of thoughts and deeds. Thereafter, a Patriotic song was sung the martyrdom of the Freedom fighters which was followed by Speeches and also there was a presentation of NukkadNatak.

This was followed with a speech by the Principal, wherein she inspired all the staff members and students to be sincere and honest with their dealings, committed and loyal towards their work. She also motivated them to be conscientious citizens of the country and to be the personifications of the very change; they wish to see in society. She also emphasized upon the role of pledge to become conscientious citizens and practice the attributed mentioned in the Preamble of the Constitution.





14. NATIONAL SCIENCE DAY

DATE: 28th February 2024

Kalam and Ramanujan Forum on National Science Day jointly organised an extempore competition on 28th February 2024. 40 students attended and 15 students spoke on different topics related to science and technology. The Theme for National Science Day 2024 was “Indigenous Technologies for Viksit Bharat”. The theme focused on:

- Celebrating the achievements of Indian scientists,
- Promoting public appreciation for science, technology and innovation
- Addressing challenges through home- grown technologies
- Contributing to the well being of India and humanity
- Raising awareness about indigenous technologies that can contribute to the country’s development

National Science Day is celebrated on February 28th to commemorate the discovery of the “Raman Effect”. It serves as an inspiration for future generations to pursue careers in science and technology.



GPS Map Camera



Ajmer, Rajasthan, India

Sophia Girls College, FMG4+C7M, Jaipur Rd, Mirsali Colony, Ajmer, Rajasthan 305001, India

Lat 26.470865°

Long 74.655199°

28/02/24 02:00 PM GMT +05:30



**Sophia Girls' College
(Autonomous), Ajmer**

**Kalam & Ramanujan Forum
on the occasion of
"National Science Day"
jointly organizes**



Extempore Competition on 28.02.24

**Venue: Room No 69 , Sophia Girls'
College (Autonomous), Ajmer**

Time: 1:00 p.m.

15. INTERNATIONAL WOMEN'S DAY

DATE: 8th March 2024

The International Women's Day event held on March 9, 2024, at the Information Center in Ajmer was a collaborative effort organized by several prominent groups and institutions dedicated to women's rights and empowerment. The organizers included the Women's Rights Committee, Jan Shikshan Sansthan, Center for Labor Research and Action, Center for Advocacy and Research, Cities for Youth, Apwa, Saasvika, People's Union for Civil Liberties, Sophia Girls' College, and Van Stop Crisis Center Ajmer.

One of the highlights of the event was a Nukkad Natak (street play) presented by the NSS (National Service Scheme) volunteers of Sophia Girl's College (Autonomous). The Nukkad Natak likely addressed pertinent issues related to women's rights, empowerment, gender equality, and societal challenges faced by women. Such performances serve as powerful tools for advocacy and consciousness-raising, engaging audiences directly and sparking conversations around important social issues.

The participation of NSS volunteers from Sophia College underscored the commitment of youth and educational institutions towards promoting gender equality and advocating for the rights of women in society. The event as a whole provided a platform for discussions, reflections, and actions aimed at advancing gender justice and women's empowerment in Ajmer and beyond.



16. RAKSHA BANDHAN - FESTIVAL

DATE: 29th August 2023

On 29th of Aug 2023, the NSS volunteer of Sophia Girls College, Ajmer celebrated the auspicious occasion of Raksha Bandhan in Ajmer Central Jail (Men) and Women's jail. As we all are aware of the protocol of a confined cell is to keep individuals isolated, even on special occasions keep us away from our loved ones and our very special festival with our family. Therefore, the NSS volunteer students under the supervising of respected sisters and teacher coordinators took up the initiative to make this emotional moment for them special by tying the inmates Rakhi by distributing sweets along with dance performances and singing Rakhi songs in their entertainment hall. There was a total of 12 students and 3 NSS coordinators with two media officers' permission who guided throughout the event. It turned out to be very eventful and emotional celebration for the inmates who were elated and gave the volunteers their blessings.







Sr Pearl
Dr. Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER